

TODAY'S SPECIAL

Beef Lasagne

Beef mince in a tomato sauce, layered between pasta and creamy bechamel sauce baked with a cheddar cheese top, served with garlic bread and salad garnish

£8.95/9.95

Spicy Bean Burger

Spicy bean burger with baby gem lettuce, tomato salsa and guacamole in a toasted flour bun, served with curly fries

£8.95/9.95

Chicken Caesar Salad

with baby gem lettuce, croutons, cherry tomatoes, red onion, cucumber, Grana Padano cheese and Caesar dressing

£7.95/£8.95

Tuna Salad Bowl

Flaked tuna with red onion, cherry tomatoes, tender stem broccoli, olives & boiled egg on a bed of exotic baby leaves & balsamic dressing

£7.95/£8.95

JACKET POTATOES

Served with a salad garnish

(V) Cheddar Cheese £3.5/£4.5

(VE) Baked Beans £3.5/£4.5

(V) Baked Beans & Cheddar Cheese £4.6/£5.6

Bacon & Cheddar Cheese £4.6/£5.6

Chilli Con Carne & Sour Cream £5.3/£6.3

Chilli Con Carne & Cheddar Cheese £6.4/£7.4

Tuna & Mayo £5.0/£6.0

Tuna, Mayo & Cheese £6.1/£7.1

SIDES

(VE) Side Salad £2.00/£3.00

(VE) Curly Fries £3.50/£4.50

LUNCH MENU

Wednesday 30th July

Available daily from 12:00-15:00

Full member price/Basic price

BREAD BOUTIQUE

Freshly made sandwiches served with salad garnish

(V) Goat's Cheese & Tomato Chutney Ciabatta

£4.95/£5.95

Chicken & Chorizo Wrap

Chicken, chorizo, tomato salsa, cheddar cheese and gem lettuce

£4.95/£5.95

Smoked Salmon & Cream Cheese Bagel

Smoked salmon, cream cheese, cucumber & rocket

£4.95/£5.95

Add Small Curly Fries for £1.95

9" PIZZA

Drizzled with either Olive or Chilli Oil

American Hot

Pepperoni, red onion, jalapeno, tomato sauce, mozzarella & cheddar

£8.95/£9.95

Pollo Ad Astra

Cajun chicken, peppers, red onion, tomato sauce, mozzarella & cheddar

£8.95/£9.95

(V) Margherita

Tomato sauce, mozzarella & cheddar and oregano

£7.95/£8.95

-ALLERGY ADVICE

IF YOU ARE ALLERGIC TO A FOOD ITEM & ARE IN ANY DOUBT, PLEASE ASK FOR OUR ALLERGY INFORMATION SHEET OR ASK TO SPEAK TO OUR CHEF

-DIETARY NOTES

(V) SUITABLE FOR VEGETARIAN DIETS (VE) SUITABLE FOR VEGAN DIET

MAY CONTAIN FISH, CRUSTACEAN, GLUTEN, WHEAT, EGG, CELERY, SESAME, MILK, MUSTARD, LUPIN, MOLLUSC, NUTS, PEANUTS, SOYA AND SULPHATES