

TODAY'S SPECIALS

Thai Green Chicken Curry

Diced lemon grass chicken breast with courgette, green pepper, broccoli, bamboo shoots & kaffir lime leaves, served with steamed basmati rice

£10.95/£11.95

Basil Chicken Salad

Black and white quinoa with pomegranate, broccoli and grated carrot with mixed leaves topped with basil chicken

£8.95/£9.95

Superfood Salad

Black and white quinoa with pomegranate, broccoli and grated carrot with mixed leaves, topped with feta cheese

£8.95/£9.95



Hot Dog

Jumbo beef sausage in a hot dog roll with sauerkraut, served with a potato salad and a salad garnish

£6.95/£7.95

SOUP OF THE DAY

(V) Root Vegetable Soup

Served with bread & butter (V) (Optional)

£3.50/£4.50

JACKET POTATOES

Served with a salad garnish

(V) Cheddar Cheese	£3.5/£4.5
(VE) Baked Beans	£3.5/£4.5
(V) Baked Beans & Cheddar Cheese	£4.6/£5.6
Bacon & Cheddar Cheese	£4.6/£5.6
Chilli Con Carne & Sour Cream	£5.3/£6.3
Chilli Con Carne & Cheddar Cheese	£6.4/£7.4
Tuna & Mayo	£5.0/£6.0
Tuna, Mayo & Cheese	£6.1/£7.1

LUNCH MENU

Wednesday 8th October Available daily from 12:00-15:00 Full member price/Basic price

BREAD BOUTIQUE

Freshly made sandwiches served with salad garnish

(V) Mozzarella Ciabatta

With spinach, beef tomato and basil pesto

£4.95/£5.95

Chicken & Chorizo Wrap

Chicken and chorizo with tomato salsa, lettuce, roasted mixed peppers and cheddar cheese in a toasted tortilla wrap

£4.95/£5.95

Tuna Mayo & Cheese Ciabatta

£4.95/£5.95

Add Small Curly Fries for £1.95

9" PIZZA

Drizzled with either Olive or Chilli Oil

Pollo ad Astra

Cajun chicken, red onion, mixed pepper, tomato sauce, mozzarella & cheddar

£8.95/£9.95

Sloppy Giuseppe

Ground beef, green pepper, red onion, tomato sauce, mozzarella & cheddar cheese

£8.95/£9.95

(V) Margherita

Tomato sauce, mozzarella & cheddar and oregano

£7.95/£8.95

SIDES

(VE) Side Salad £2.00/£3.00

(VE) Curly Fries £3.50/£4.50

-ALLERGY ADVICE

IF YOU ARE ALLERGIC TO A FOOD ITEM & ARE IN ANY DOUBT, PLEASE ASK FOR OUR ALLERGY INFORMATION SHEET OR ASK TO SPEAK TO OUR CHEF -DIETARY NOTES

(V) SUITABLE FOR VEGETARIAN DIETS (VE) SUITABLE FOR VEGAN DIET MAY CONTAIN FISH, CRUSTACEAN, GLUTEN, WHEAT, EGG, CELERY, SESAME, MILK, MUSTARD, LUPIN, MOLLUSC, NUTS, PEANUTS, SOYA AND SULPHATES