

TODAY'S SPECIALS

Chilli Con Carne Bowl

slow cooked minced beef & red kidney beans in a spicy tomato sauce, served with steamed basmati rice, grated mature cheddar cheese, chive sour cream & tortilla chips

£10.95/£11.95

Superfood Salad Bowl

basil chicken, black & white quinoa, tenderstem broccoli, beetroots, julienne carrots, mixed leaves & cherry tomatoes, dressed with extra virgin olive oil

£9.95/10.95

JACKET POTATOES

Served with a salad garnish

(V) Cheddar Cheese £3.5/£4.5

(VE) Baked Beans £3.5/£4.5

(V) Baked Beans & Cheddar Cheese £4.6/£5.6

Bacon & Cheddar Cheese £4.6/£5.6

Chilli Con Carne & Sour Cream £5.3/£6.3

Chilli Con Carne & Cheddar Cheese £6.4/£7.4

Tuna & Mayo £5.0/£6.0

Tuna, Mayo & Cheese £6.1/£7.1

SOUP OF THE DAY

Red Lentil Soup

Served with petit pain and butter (optional)

£4.95/5.95

LUNCH MENU

Monday 27th April

Available daily from 12:00-15:00

Full member price/Basic price

BREAD BOUTIQUE

Freshly made sandwiches served with salad garnish

(V) Goat's Cheese and Red Onion Marmalade Ciabatta

£5.95/£6.95

Brie & Bacon Ciabatta

£5.95/£6.95

Tuna Mayo & Cheddar Cheese Ciabatta

£5.95/£6.95

Add Small Curly Fries for £1.95

9" PIZZA

Drizzled with either Olive or Chilli Oil

American Hot

Pepperoni, jalapenos, red onion, mozzarella & cheddar, tomato passata and oregano

£9.95/£10.95

Pollo Ad Astra

Cajun chicken, red onion, mixed peppers, mozzarella & cheddar, tomato passata and oregano

£9.95/£10.95

(V) Margherita

Mozzarella & cheddar, passata and oregano

£8.95/£9.95

SIDES

(VE) Side Salad £2.00/£3.00

(VE) Curly Fries £3.75/£4.75

-ALLERGY ADVICE

IF YOU ARE ALLERGIC TO A FOOD ITEM & ARE IN ANY DOUBT, PLEASE ASK FOR OUR ALLERGY INFORMATION SHEET OR ASK TO SPEAK TO OUR CHEF

-DIETARY NOTES

(V) SUITABLE FOR VEGETARIAN DIETS (VE) SUITABLE FOR VEGAN DIET MAY CONTAIN FISH, CRUSTACEAN, GLUTEN, WHEAT, EGG, CELERY, SESAME, MILK, MUSTARD, LUPIN, MOLLUSC, NUTS, PEANUTS, SOYA AND SULPHATES